



SUPPLEMENT FACTS

Each Capsule Contains:

Vitamin A (USP)	2000IU
Vitamin D (USP)	400IU
Vitamin E (USP)	30IU
Vitamin C (BP)	50mg
Pyridoxine (USP)	1mg
Riboflavin (USP)	2mg
Cyano cobalamin (USP)	5mcg
Pantothenic Acid (USP)	10mg
Magnesium (USP)	50mg
Co-Enzyme Q 10 (USP)	5mg
Ginseng Extract (USP)	50mg
Garlic Powder Extract (USP)	30mg
Ginkgo Biloba Extract (USP)	30mg
Potassium as Potassium Citrate (USP)	7mg
Manganese as Manganese Oxide (USP)	3mg
Copper as Copper Oxide (USP)	2mg
Sodium as Sodium Selenite (USP)	10mcg
Taurine (USP)	50mg
Lutein (USP)	5mg
Folic Acid (USP)	400mcg
Calcium as Calcium Carbonate (USP)	160mg
Niacin (USP)	10mg
Zinc as Zinc Oxide (USP)	8mg
Thiamine (USP)	2mg

**Mental & Physical Exhaustion,
Disrupted Sexual Activity,
Poor Memory, Focus Loss, and
Overall Weakness.**

For All Ages

VitotalTM

Multi Vitamin & Multi Mineral

Vitamin A (2000 IU): Supports vision, immune function, and skin health.

Vitamin D (400 IU): Essential for calcium absorption and bone health.

Vitamin E (30 IU): Protects cells from oxidative stress and supports skin and cardiovascular health.

Vitamin C (50 mg): Boosts immunity and acts as an antioxidant for skin, bones, and tissues.

Vitamin B6 (1 mg), Vitamin B2 (2 mg), Vitamin B12 (5 mcg),

Pantothenic Acid (10 mg): Support energy production, nervous system health, and red blood cell formation.

Folic Acid (400 mcg): Essential for cell division and prenatal health.

Magnesium (50 mg): Supports muscle function, nerve function, and healthy blood pressure.

Calcium (160 mg): Strengthens bones and supports muscle contraction.

Co-Enzyme Q10 (5 mg): Supports cellular energy production and heart health.

Ginseng Extract (50 mg): Enhances physical performance, energy, and immune function.

Garlic Powder Extract (30 mg): Supports cardiovascular health and immune function.

Ginkgo Biloba Extract (30 mg): Improves blood circulation and cognitive function.

Potassium (7 mg): Regulates fluid balance and supports healthy nerve function.

Copper (2 mg): Essential for iron absorption and immune health.

Sodium Selenite (10 mcg): Acts as an antioxidant, boosting immune health.

Taurine (60 mg): Supports cardiovascular health and brain function.

Lutein (5 mg): Protects the eyes from oxidative stress and supports vision.

Niacin (10 mg): Supports skin health, energy production, and nervous system function.

Zinc (8 mg): Important for immune function, skin health, and wound healing.

Thiamine (2 mg): Helps convert food into energy and supports healthy nerve function.

Uses:

Vitotal Capsule is a comprehensive multivitamin and mineral supplement that supports energy levels, immunity, bone and heart health, cognitive function, and overall well-being.

